



Worth . Strength . Purpose

# Shine

**Mondays 1.00pm to 2.30pm**

**7, 14, 21 May (not running in half term)**

**4, 11, 18 June**

**at Huntingdon Youth Centre**

Shine is a self-esteem course for women with an inspirational, practical and experiential approach to learning. The course is based on three key concepts; worth, strength and purpose. Limited crèche spaces available.

For more information or to book a place please call 01480 372700 option 1

[www.cambridgeshire.gov.uk/child-and-family-centres](http://www.cambridgeshire.gov.uk/child-and-family-centres)